



**TAP** | TRIANGLE  
APHASIA  
PROJECT  
U N L I M I T E D

# ANNUAL REPORT

**2018**

Stewardship

## Executive Director's Report

**Maura Silverman**



Every time that I am asked to wrap up the year, I find myself thinking about every talk that I have presented in TAP's name. I flash back to the Town Hall meeting in 2010 or more recently to the presentation by TAP clients to 100 Women Who Give a Hoot. Each talk, each opportunity to share the TAP mission, values and efforts, have one thing in common...they all give voice to a disorder that robs individuals of that power, of that gift of communicative connectedness.

2018 saw a focus on the sustainability and longevity of TAP. Developing confidence in growth plans and service goals was a priority of all, delivering impactful statements to funders and referral sources.

Some of the accomplishments represented in 2018 included:

- 8 presentations about the work of TAP and the Life Participation Approach to Aphasia to which we are committed.
- We held our second annual 5K run/walk/roll called Strides for Speech
- We were awarded \$20,000 to formally publish and distribute "Princess Crumpet and the Baker of Battertown" a training program designed to help children understand aphasia and improve their communication with a parent, grandparent or volunteer that has aphasia!
- TAP's rising to fame music/choral group, the TAPtastics performed on the road with an invitation to the Stroke Survivor Event
- True life participation happens in TAP Into Life, individuals return to reading in one of 3 book clubs, and TAPRoots (garden club) grew 1 ton of food for those in need!
- TAP added programs that impacted people's health and wellbeing; from a client-lead yoga/meditation group, to TAPNet (a support group/counseling program), TAPSocial group and monthly Learning to Speak Aphasia Training programs!

TAP Unlimited always has new goals... a wish list of impacts we'd like to make...but in 2018 YOU helped by sharing your voice. This is the ultimate objective! Thank you.

TAP serves individuals with aphasia, their families, and the community through innovative life participation approaches that maximize communicative potential and reduce barriers to social re-engagement.

### 2018 – 2019 Board of Directors

Ron Ottavio, Chair  
Kate Enchelmayer, CCC-A/SLP, BC-ANCDs, Vice Chair  
Deb Hillson, CCC-SLP, Secretary  
Casey High, Treasurer  
Brad Yarbrough  
Curtis Cunningham  
Gina Murray, RN  
Marcia Rodriguez, CCC-SLP  
Nick Byrne  
Shaun Eskamani

Maura Silverman, CCC-SLP,  
Executive Director  
Amy Davis, Office Manager



*Suddenly you are transported to a foreign country where you can't speak or understand the language. Your intellect intact, and with a clear knowledge of what you want to say, you have your thoughts, but can't access the words to say or even write them. Words you hear or read appear unclear or without reference. "Why can't I communicate?"*

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This is what life is like for someone with Aphasia, a communication disorder resulting from an injury to the brain from a stroke, tumor, head injury or other illness. A person with Aphasia retains intellect, but experiences difficulty in speaking, reading, writing, understanding or any combination of these.

TAP uses the "life participation approach to aphasia" (LPAA), a consumer-driven service-delivery approach that supports individuals with aphasia and others affected by it in achieving their immediate and longer term life goals. LPAA focuses on engagement in life, placing the life concerns of those affected by aphasia at the center of all decision making. It empowers the individual to select and participate in the recovery process and to collaborate on the design of interventions that aim for a more rapid return to active life.

## Services

### Individuals with Aphasia

- A Hub and Spoke program model is employed with the Home Office in Cary as the Hub and spoke groups across the Triangle and as far west as Winston-Salem
- Specialized Groups including a Young Person's Group, Back To Work, High Level/OutSpoken, Writing, Book Clubs, Garden Clubs, and groups for individuals with Primary Progressive Aphasia/ FrontoTemporal Lobe Dementia (PPA/FTD),
- Intensive weekly programming / Aphasia Day
- Assistance with Individualized (Re) Engagement Plans and Trainings
- Collaborative associations with Assistive Technology, Adaptive Yoga, Sport and Music/Arts
- Support / Advocacy programs

### Families and CareGivers

- Bi-monthly "Learning to Speak Aphasia" training for families / friends
- Specialized/Comprehensive Children's Training Program for children and/or grandchildren of those with aphasia
- Communicative Support Team training
- Support groups/TAPnet

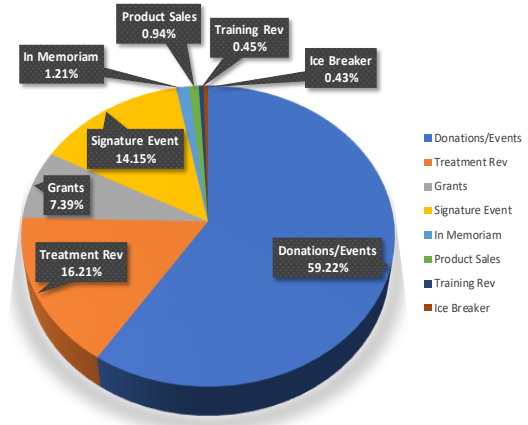
### Community

Working to reducing barriers and building communicative bridges easing transitions for those dealing with aphasia.

# Stewardship

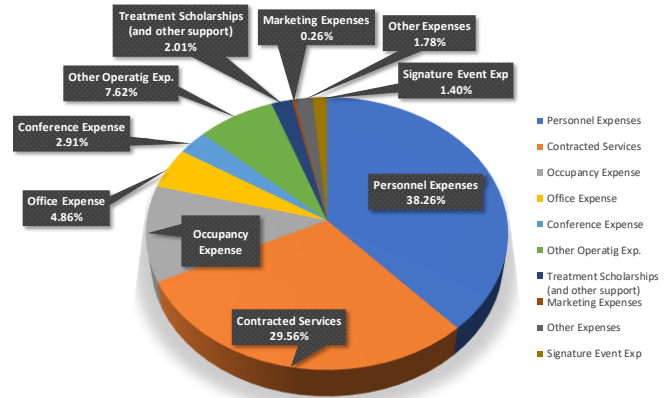
## Sources of Funds

Signature Event	\$	22,019
Donations/Events	\$	92,131
Treatment Revenue	\$	25,227
Grants	\$	11,500
In Memoriam	\$	1,880
Product Sales	\$	1,463
Training Revenue	\$	695
Ice Breaker	\$	665
<b>Total</b>	<b>\$</b>	<b>155,580</b>



## Use of Funds

Personnel Expenses	\$	57,155
Contracted Services	\$	44,165
Occupancy Expense	\$	16,942
Office Expense	\$	7,260
Conference Expense	\$	4,348
Other Operating Expenses.	\$	11,381
Treatment Scholarships (and other support)	\$	3,000
Marketing Expenses	\$	391
Other Expenses	\$	2,659
Signature Event Exp	\$	2,099
<b>Total</b>	<b>\$</b>	<b>149,400</b>



## Award Winners 2018

### **Kim Riley Life Participation Award**

recognizes a TAP client's commitment to ownership of the rehabilitation process and understanding of the role of life, work, and participation in recovery. The individual demonstrates purpose and direction in returning to social, recreational, vocational, and other goals.

**James "Butch" Williams:** Butch has returned to professional roles in his law firm and PA/Sports Agent practice while continuing to help new stroke survivors/TAP clients with their motivation in the rehabilitation process.



**TAP Unlimited Values Award** is presented to an individual who possesses the TAP Unlimited values of HOPE \* Purpose \* Determination \* Engagement. These tenets are evident in their living successfully with aphasia and providing inspiration to those on the same journey.

### **Kim Greene and Lin D'Antonio**

**Kim** has embraced the TAP values throughout her stroke recovery and supports new clients by welcoming them into the TAP family with encouragement and connection.



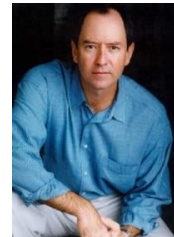
**Lin** demonstrates all TAP values in her own recovery and in her role as a volunteer at TAP for Aphasia Day, with music therapy and with office/administrative tasks at our home office.



### **TAP Unlimited Advocacy Award**

Initiated in 2017, recognizes the initiative, passion and commitment to aphasia awareness and advocacy for unlimited access to those with the disorder. The award recognizes the personal sacrifice and selfless drive necessary to educate and engage a world that has minimal awareness of aphasia. The recipient is devoted to a mission far beyond the scope of their individual organization.

**Carl McIntyre** is a well known actor throughout the Southeast suffered a stroke in 2005. Success with presentations about his stroke and recovery lead to a successful movie, Aphasia



Aphasia Access **Inaugural Innovator Award** (2018) was presented to TAP Unlimited's founder and Executive Director, **Maura Silverman** at their National conference.

The **Raising Awareness in Stroke Excellence (RAISE) Awards** annually recognize individuals and groups from across the country for taking stroke awareness activities to new heights. TAP won the **2018 Most Outstanding Group Award**



## Ice Breakers is Going Glacial



Become a TAP sustainer!!! Visit the [TAP Unlimited Inc.](#) website to sign up.

## Group Leaders

Abbe Simon  
Betsy Janes  
Caley Edlington  
Candace Siebert  
Crista Misenheimer  
Elizabeth Hopp  
Graciela Roberti  
Heather Garrabrant  
Helen Moses  
Julia Bryan Canavan  
Jerry DeWitt  
Karen Downes  
Kaylea Nicholson  
Katy Wyatt  
Kelley Shaver  
Kevin Cunningham  
Kristen Kesler  
Kristine Strobbia  
Laura White  
Lina Lemons  
Liz Bates  
Megan Lynch  
Nicole Frisco Bagley  
Paula Scicluna  
Rachel Fanders  
Rieppe Hendrick  
Rose Reif  
Sevanna Epperson  
Sowmya Shanker  
Tisha Shah

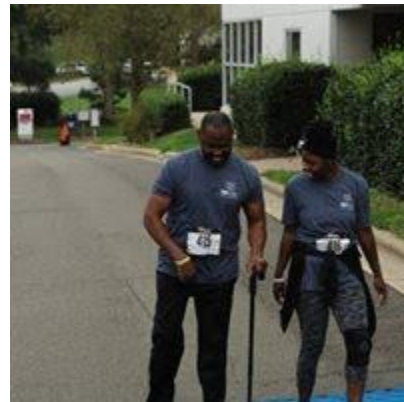
## Special Events 2018

**TAP on Broadway, June 22, 2018**



*The TAPtastics performance*

**Strides for Speech, October 6, 2018**



*Walking the whole 5K!!*

**Holiday Open House, December 4, 2018**



## Gratitude

### Our Sponsors

- Aware Senior Care
- Backyard Bistro
- Capital Seafood
- Carolina Partners in Mental Health Care
- City BBQ Cary
- D'Antonio Family
- Dorcas Ministries
- Duke P.R. Tisch Brain Tumor Center
- East Coast O2
- Fit & Able Productions
- Jennifer and Thomas Cuthbertson
- Liquid State
- Murgitroyd Family
- Nurse Care NC
- Omega Sports Crossroads
- Pretty Clever Words
- Raleigh Neurology
- Robert and Ellen Strickland
- Stalls Medical Equipment
- STEPS for Recovery
- The Edge Soccer Programs
- The Enchelmayer Family
- The Harrell Family
- The Ottavio Group
- The Riley Family
- The Strickland Family
- Towne Bank Mortgage
- Triangle Forensic Neuropsychiatry
- UNC REX Hospital Outpatient Rehabilitation – Raleigh
- WakeMed Health & Hospital
- Woody's Sports Tavern and Grill

## Save the Dates for 2019

**TAPTastics at Durham Bulls Park singing the National Anthem, June 12, 2019**

**TAP Turns 16 and Celebrates at its Sweet 16 Party, June 21, 2019**

**Strides for Speech, November 2, 2019**

## Volunteer

We all have Talent and Time to share. Consider volunteering with TAP.

### Committees:

- Marketing/Public Relations
- Development
- Program
- Hospitality
- Finance
- Signature Event

### Other Volunteer Opportunities:

- Administrative Activities
- Talent or Passion in the Arts
- Assist individuals with aphasia through a communication support team



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